



14-day declutter challenge

One defined task per day. Stop when the day is done.

1

Clear one visible surface

Keep / donate / recycle / trash - use the route that fits the item.

☐

2

Fill one donation bag

Keep / donate / recycle / trash - use the route that fits the item.

☐

3

Recycle obvious paper clutter

Keep / donate / recycle / trash - use the route that fits the item.

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4

Toss expired bathroom or pantry items

Keep / donate / recycle / trash - use the route that fits the item.

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5

Reset one kitchen drawer

Keep / donate / recycle / trash - use the route that fits the item.

☐

6

Match containers with lids

Keep / donate / recycle / trash - use the route that fits the item.

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7

Clear the fridge door / top shelf

Keep / donate / recycle / trash - use the route that fits the item.

☐



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8

Reset one nightstand

Keep / donate / recycle / trash - use the route that fits the item.

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9

Edit one clothing category

Keep / donate / recycle / trash - use the route that fits the item.

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10

Tidy shoes or entryway items

Keep / donate / recycle / trash - use the route that fits the item.

☐

11

Clear one mail / paper pile

Keep / donate / recycle / trash - use the route that fits the item.

☐

12

Reset one catch-all basket

Keep / donate / recycle / trash - use the route that fits the item.

☐

13

Edit one shelf or small cabinet

Keep / donate / recycle / trash - use the route that fits the item.

☐

14

Finish by taking donations / recycling out

Keep / donate / recycle / trash - use the route that fits the item.

☐**KEEP THE WIN**

The easiest area to maintain was _____

My next 20-minute reset will be _____