

LABELS & TAGS

freezer meal labels

Name it, date it, and leave one useful reheating note.

FREEZER MEAL

WHAT _____

FROZEN _____

USE BY _____

REHEAT _____

FREEZER MEAL

WHAT _____

FROZEN _____

USE BY _____

REHEAT _____

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WHAT _____

FROZEN _____

USE BY _____

REHEAT _____

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