



monthly reset

A calm one-page reset for the month ahead.

BIG THREE

- ☐ One outcome that matters
- ☐ One thing to make easier
- ☐ One thing to enjoy

HOME RESET

- ☐ Clear one clutter hotspot
- ☐ Restock household basics
- ☐ Plan one maintenance task
- ☐ Choose a donation bag
- ☐ Refresh linens / towels

LOOKING AHEAD

What will future-you be glad you handled now?

DATES TO HOLD

appointments · deadlines · celebrations

MONEY CHECK-IN

- ☐ Bills scheduled
- ☐ Subscriptions reviewed
- ☐ Savings transfer considered
- ☐ Upcoming irregular cost noted